



SQUAD MEMBERSHIP OPTIONS

Adult Fitness

(HIIT Boxing, Strength Training, Saturday Bootcamp, Multicultural Dance Fitness, and More!)

Unlimited Squad	\$119
Attend ANY HIIT Boxing, Bootcamp, Mob Squad, or Strength Training fitness class (auto renews every 4 weeks)	
Mob Squad Unlimited	\$90
5am classes every M - W - F	
Saturday Unlimited	\$50
An unlimited amount of Saturday HIIT Boxing + Bootcamps (auto renews every 4 weeks)	
4 Class Pack	\$56
Drop-In	\$15

Athletic Performance

(Your Goals = Our Training Focus)

Evidence based speed, agility, strength and conditioning training.

Drop-In	\$25
6 Class Pack	\$120
12 Class Pack	\$228

Kids Fitness

(FUN-focused fitness essentials)

Drop-In	\$10
4 Class Pack	\$36
Unlimited Squad (auto renew every 4 weeks)	\$48

Personal Training

Semi- Private Training **\$70/week**

2 - 4 members / class, focused to meet INDIVIDUAL goals. 2 classes/week.

Includes pre/post assessments, nutrition guidance, recovery best-practices, and continuing fitness education

1:1 Training with a Personal Trainer

Email BeChosenAcademy@gmail.com for pricing and scheduling, or schedule in-studio